



SOCIAL WORK NEWSLETTER

November 2016

Previous Issues of Newsletter

To find previous issues of our social work newsletter as well as information on our clinic, contact phone numbers and our nephrologist's information: www.desertcitiesdialysis.com

Thanksgiving Holiday Meals

The Salvation Army at James Woody Center 13467 Navajo Rd. **Apple Valley** CA 92308. Thursday November 24 from 11am-1pm (760)240-7000 ext. 707.

Barstow Senior Center. 555 Melissa Ave. **Barstow**, CA 92311 Thursday November 24 at 11am-1pm. Home delivery is available (760) 256-5023.

Barstow Desert Sanctuary. 703 E. Main St. Barstow. 760 256-3733. **Barstow** Families of 4 or more people. **MUST CALL/REGISTER FIRST**

First Assembly of God Church 15260 Nisqually Rd. **Victorville**. Meal, hair cut, shower, clothing sleeping bag (as needed) Transportation available. Thursday November 24 at 10am. (760)243-4343.

Salvation Army. 14585 La Paz Dr. **Victorville**. Thursday November 24 11am (760) 245-2545.

Victor Valley Rescue Mission Victor Valley High School. 16500 Mojave Dr. **Victorville**. **TUESDAY** November 22 12pm (760) 955-5958.

Thanksgiving Food Baskets

Victor Valley Rescue Mission. 15572 7th St. Victorville. 760 955-5958. **MUST BE PRE-REGISTERED. Call Now!**

Toy Giveaways

Victor Valley Rescue Mission. San Bernardino County Fairgrounds 14800 Seventh St., **Victorville**. Tuesday December 20th 10am to 2pm. For registration call (760) 955-5958. **MUST PRE REGISTER. Call Now!**

Need Desperate Help?

Unable to buy food, medication, pay utility bills, bus passes? Apply for help today at: highdesertkidneyhope.org Helping dialysis patients afford basic needs.

Travelling for the Holidays?

If you are planning on making a trip to another area for vacation or other necessary ventures, please notify your social workers. With some insurances it can take up to 3 or 4 weeks to receive an authorization. Please give 1 month notice before traveling to allow us enough time to setup all necessary arrangements. We encourage you to travel and experience events and vacations with your loved ones, please talk to us about how the process works so you can begin your next adventure.

Patient's Rights and Responsibilities

We advise all persons to know their rights and responsibilities on dialysis. Your rights and responsibilities are posted on the bulletin boards in English and Spanish. They are given to each person upon admission to Desert Cities Dialysis. **KNOW YOUR RESPONSIBILITIES. KNOW YOUR RIGHTS.** Additional copies are available to you at any time. Please let your social worker know if you do not have yours.





SOCIAL WORK NEWSLETTER

November 2016

Renal Support Network

HOPEline Peer Support Phone Line
(800) 579-1970

Log onto www.rsnhope.org for events, online support and coffee chats for dialysis patients. Don't suffer through this alone, reach out and connect.

Local Church Offers Support Groups
Sometimes our best resources come from local churches. Here are support groups we discovered at High Desert Church.

Victorville Campus: 14545 Hook Blvd.
Victorville, CA 92394

Apple Valley Campus: 19445 Sitting Bull Rd.
Apple Valley, CA 92308

Griefshare

Time: Every Tuesday, 6:30 PM - 8:00 PM
Location: Victorville Campus | Trailer 3/4

Divorce Care

Time: Every Tuesday, from 09/13/2016 to 06/13/2017, 6:30 PM - 8:00 PM
Location: Victorville Campus | Trailer 1/2

Anxiety and Depression Support Group

Time: Every Tuesday, from 10/04/2016 to 12/06/2016, 7:00 PM - 9:00 PM
Location: Victorville | Gym

VV | Surviving the Holidays

Divorcecare

Time: Tuesday, November 15, 2016, 6:30 PM - 8:30 PM
Location: Victorville Campus | Trailer 1/2

VV | Surviving the Holidays

Griefshare

Time: Tuesday, November 15, 2016, 6:30 PM - 8:30 PM
Location: Victorville Campus | Chapel

AV | Surviving the Holidays

Griefshare

Time: Saturday, November 19, 2016, 6:00 PM - 8:00 PM
Location: Apple Valley Campus | Jr. High Room

Incontinence and Wound Supplies

If you or a loved one requires briefs, pads, gauze, or other supplies they may be covered by your insurance. Go to www.shieldhealthcare.com or call 1-800-765-8775 to see if the supplies are covered.

Utility Discounts

Multiple Discounts are available, not all are income based. If you are on dialysis, you qualify for Medical Baseline which allows more inexpensive utility usage. Also, income based discounts include the CARE program and weatherization program. HEAP program will pay for a utility bill per year call (800) 510-2020 and ask about HEAP.

