



SOCIAL WORK NEWSLETTER

SEPTEMBER 2016

Squash 4 Friends FREE food

Squash 4 friends is a local nonprofit organization dedicated to helping feed those in need...vegetables. Every Wednesday from 8 am to 12pm they distribute fresh picked vegetables to people in need. No documentation is required, just show up and take what you need. They are located on Rock Springs Rd. in Hesperia between Main St. and Deep Creek Rd.

Friday at 5PM food bank

Every Friday at 5pm behind Victor Bowl off of Mariposa there is a food bank give away. For \$3.00 you can get a week's supply of USDA fresh food.

Meals on Wheels

The Victorville Meals on wheels was closed several years ago. Currently Barstow senior nutrition offers home delivered meals to seniors. Call now to setup your Meals: (760) 256-5023.

If You Know of Abuse or Suspect Abuse

There are government agencies designed to protect vulnerable groups such as children, elderly and disabled. Dialysis patients generally are considered disabled and fall into that protected group.

Abuse can happen anywhere, at a nursing home, at home, assisted living facilities or in public places.

Child Abuse Hotline: (800) 827-8724

Elder Abuse/Disabled Adult Hotline:
(877) 565-2020

Nursing Home or Residential Care
Facility Hotline: (866)229-0284

Arranging Medical Transportation

For those who have Medi-Cal and it is assigned to an HMO you must call in advance for each new medical appointment. In addition, only IEHP authorizes transportation for more than 1 month. If you do not have IEHP, you must call monthly to arrange dialysis transportation.

Medicare and IEHP: (877) 273-4347

Medicare and Molina: (855) 665-4627

IEHP: (800) 440-4347

Molina: (888) 665-4621

LaSalle: (888) 554-4562

Vantage: (951) 280-7700

For those who ride the ADA bus call
(760) 244-4000 to arrange transport.

In Home Support Services

IHSS is a program paid for by the county Department of Aging and Adult Services. It pays for a caregiver to assist you at home. The process takes about 60 days to complete.

STEP 1: Call to start an application (call soon because payment starts from the date you make this call). (877) 800-4544.

STEP 2: Select a caregiver/have your chosen caregiver complete fingerprinting and orientation with IHSS.

STEP 3: IHSS caseworker comes to the home to see your level of need which determines the hours of care paid.



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Your Local Government Agencies

Social Security Administration:

13995 Park Ave. Victorville
(877)561-4134
720 E. Main St. Barstow
(888)487-9916
NATIONAL PHONE (800)772-1213

Transitional Assistance (Medi-Cal):

15980 Main St. Hesperia
9566 9th Ave. Hesperia
15010 Palmdale Rd. Victorville
1300 E. Mountain View, Barstow
10875 Rancho Rd., Adelanto
SB COUNTY PHONE (877) 410-8829

Department of Aging and Adult Services (IHSS, APS):

17270 Bear Valley Rd suite 108,
Victorville, CA 92395
(760) 843-5100

Utility Assistance Program

Community Action Partnership of San Bernardino County offers assistance to those in need through their Home Energy Assistance Program and Utility Assistance program which provides energy education, and processes applications for utility bill assistance for income eligible clients to provide an annual credit ranging from \$201 to \$334, which can be applied towards gas or electric accounts. Emergency HEAP utility bill assistance is available for income eligible clients with a shut off notice. An appointment must be made via phone at (909) 723-1500. They also offer free weatherization of your home by calling (909) 723-1500. These are income qualified programs. Call today if you are having difficulty affording your utility bills.

FREE Cellular Phone and Unlimited Texts and Minutes

For those that qualify, this government assisted program will provide a free cell phone and discounted monthly minutes. You may automatically qualify by being in a public assistance program such as: Medi-Cal, Section 8, WIC, or Food Stamps. Enrollment is simple and there are multiple companies who offer this program. Here are a few:

ASSURANCE (888) 898-4888
BUDGET (888) 777-4007
TAG MOBILE (866) 959-4918

Incontinence and Wound Supplies

If you or a loved one requires briefs, pads, gauze, or other supplies they may be covered by your insurance. Go to www.shieldhealthcare.com or call 1-800-765-8775 to see if the supplies are covered.

Humor

**Dialysis
patients do
it 3 times
a week.**