



SOCIAL WORK NEWSLETTER

MAY 2017

RMS Healthcare Survey

By now most of you should have been contacted by our survey team at RMS healthcare. The surveys will be taking place over the next couple weeks. Please be sure to participate and give your honest feedback about your dialysis experience.

Yard Sale for Kidney Disease

Next month on Friday May 19th and Saturday May 20th, High Desert Kidney Hope is hosting a huge yard sale. If you wish to donate items to High Desert Kidney Hope, please talk with your social worker. For larger items, pickup can be arranged. All donations are tax deductible. High Desert Kidney Hope is a registered nonprofit organization. Money raised goes to help individuals with kidney disease struggling with basic needs.

Travelling for the Summer?

If you are planning on making a trip to another area for vacation or other necessary ventures, please notify your social workers. With some insurances it can take up to 3 or 4 weeks to receive an authorization. Please give 1 month notice before traveling to allow us enough time to setup all necessary arrangements.

We encourage you to travel and experience events and vacations with your loved ones, please talk to us about how the process works so you can begin your next adventure.

Renal Support Network

HOPEline Peer Support Phone Line

(800) 579-1970

Log onto www.rsnhope.org for events, online support and coffee chats for dialysis patients. Don't suffer through this alone, reach out and connect.

Dental Expenses

As we all know, dental work can be quite costly. Luckily there are some programs out there to assist with the costs of dentistry.

1. Low income dentistry call (909) 792-9430 for dentist Dr. Song. Talk to Lessette.
2. SAC low income dental program (909) 382-7120.
3. Medi-Cal now has dental coverage, see your social worker about dentist in the area that accept Medi-Cal.

Caregivers of Persons with

Stroke/Dementia/Parkinsons/TBI

If you are a family member who cares for someone with a brain disease, there is help available. The Inland Caregiver Resource Center(800) 675-6694 provides support, respite, resources and education. They have conferences for caregivers and can provide someone to come and stay while you get away for a bit. Contact them today to get help.

Check Out Our Website

Previous issues of the Social work newsletter, upcoming events, information on your health care team and Desert Cities Dialysis unit news. Go to: www.desertcitiesdialysis.com



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Vocational Rehabilitation

If you are interested in returning to work but do not have the job skills or your health interferes with working, then Vocational Rehab. May be the option for you! It retrains, teaches skills in managing disabilities in the workplace, pays for schooling or trade school. Contact your Local Vocational Rehabilitation office and fill out an application to begin services:

(760) 243-6024 (Voice)

(760) 245-4127 (TTY)

15415 W. Sand Street - Second Floor
in Victorville.

You can work and receive social security at the same time!

Update Phone Number and Address

Please keep your dialysis center updated with new phone numbers and addresses. Also if there are any changes in your emergency contacts or their phone numbers. We have repeatedly had difficulty reaching people who have not given update information. This is important in the event of chair time/schedule changes, emergency events, transportation, and transplant requests.

If You Must Miss A Treatment

Missing treatments statistically shortens life expectancy, please do your best to never miss treatment. However, if you must miss, check to see if there is a makeup session available later in the day or the next day. Going several days without dialysis significantly increases chances of stroke or heart attack. Do your best to make your treatments, and remember if you can't make it then reschedule.

Squash 4 Friends FREE food

Squash 4 friends is a local nonprofit organization dedicated to helping feed those in need...vegetables. Every Wednesday from 8 am to 12pm they distribute fresh picked vegetables to people in need. No documentation is required, just show up and take what you need. They are located on Rock Springs Rd. in Hesperia between Main St. and Deep Creek Rd.

Please Do Not Go Hungry

There are many food banks, food distributions, and emergency services available. If you or your family are planning to go without food or basic necessities please talk with your social worker! There are also grants available to help dialysis patients and families with low incomes. Your social workers have more information, please ask them.

Incontinence and Wound Supplies

If you or a loved one requires briefs, pads, gauze, or other supplies they may be covered by your insurance. Go to www.shieldhealthcare.com or call 1-800-765-8775 to see if the supplies are covered. Social workers currently have some incontinent supplies in stock if they are not covered by your insurance.



Humor

I do sympathize with you, sir, but I'm afraid it cannot be viewed as 'carry on' luggage.