



SOCIAL WORK NEWSLETTER

SEPTEMBER 2017

24th Annual Kidney Patient Meeting & Luncheon

September 16, 2017 9:15am - 2:45pm

Elks Lodge

120 E Colorado St.
Glendale, CA 91205

RSN (Renal Support Network) hosts Patient Educational Meetings at no charge to people with chronic kidney disease (CKD) and their family members. Enjoy a day full of inspiration and useful information, which includes lunch, extra time to meet and visit with fellow patients and their families, a raffle and exhibits.

Registration required. Sign up online.

<http://www.rsnhope.org/meetingssupport-group/>

Squash 4 Friends FREE food

Squash 4 friends is a local nonprofit organization dedicated to helping feed those in need...vegetables. Every Thursday from 8 am to 12pm they distribute fresh picked vegetables to people in need. No documentation is required, just show up and take what you need. They are located on Rock Springs Rd. in Hesperia between Main St. and Deep Creek Rd.

Friday at 5PM Food Bank

Every Friday at 5pm behind Victor Bowl off of Mariposa there is a food bank give away. For \$3.00 you can get a week's supply of USDA fresh food.

Saturday 4pm Food Resource

Every Saturday from 4pm there is a farmers market that has lots of food for very limited costs. It is located on Rancho Rd. and Topaz.

If You Know of Abuse or Suspect Abuse

There are government agencies designed to protect vulnerable groups such as children, elderly and disabled. Dialysis patients generally are considered disabled and fall into that protected group.

Child Abuse Hotline: (800) 827-8724

Elder/Disabled Adult Abuse Hotline: (877) 565-2020

Nursing Home or Residential Care Facility Hotline: (866)229-0284

In Home Support Services

IHSS is a program paid for by the county Department of Aging and Adult Services. It pays for a caregiver to assist you at home. The process takes about 60 days to complete.

STEP 1: Call to start an application (call soon because payment starts from the date you make this call). (877) 800-4544.

STEP 2: Select a caregiver/have your chosen caregiver complete fingerprinting and orientation with IHSS.

STEP 3: IHSS caseworker comes to the home to see your level of need which determines the hours of care to be paid.

DMV Placards or Plates

If you are having difficulty walking from the parking lot to the store, talk to your doctor or social worker at the dialysis unit about completing the REG 195 form which is an application signed by your doctor verifying a medical condition that limits your mobility. We have the forms on hand, or you can find them at dmv.ca.gov



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Your Local Government Agencies

Social Security Administration:

13995 Park Ave. Victorville
(877)561-4134
NATIONAL PHONE (800)772-1213

Transitional Assistance (Medi-Cal):

15980 Main St. Hesperia
9566 9th Ave. Hesperia
15010 Palmdale Rd. Victorville
1300 E. Mountain View, Barstow
10875 Rancho Rd., Adelanto
SB COUNTY PHONE (877) 410-8829

Department of Aging and Adult Services (IHSS, APS):

17270 Bear Valley Rd suite 108,
Victorville, CA 92395
(760) 243-8400

Utility Assistance Program

Community Action Partnership of San Bernardino County offers assistance to those in need through their Home Energy Assistance Program and Utility Assistance program which provides energy education, and processes applications for utility bill assistance for income eligible clients to provide an annual credit ranging from \$201 to \$334, which can be applied towards gas or electric accounts. Emergency HEAP utility bill assistance is available for income eligible clients with a shut off notice. An appointment must be made via phone at (909) 723-1500.

They also offer free weatherization of your home by calling (909) 723-1500. These are income qualified programs. Call today if you are having difficulty affording your utility bills.

Patient's Rights and Responsibilities

We advise all persons to know their rights and responsibilities on dialysis. Your rights and responsibilities are posted on the bulletin boards in English and Spanish. They are given to each person upon admission to Desert Cities Dialysis. **KNOW YOUR RESPONSIBILITIES. KNOW YOUR RIGHTS.** Additional copies are available to you at any time. Please let your social worker know if you do not have yours.

Incontinence and Wound Supplies

If you or a loved one requires briefs, pads, gauze, or other supplies they may be covered by your insurance. Go to www.shieldhealthcare.com or call 1-800-765-8775 to see if the supplies are covered.

Renal Support Network

HOPEline Peer Support Phone Line

(800) 579-1970

Log onto www.rsnhope.org for events, online support and coffee chats for dialysis patients. Don't suffer through this alone, reach out and connect.

Humor

**Dialysis
patients do
it 3 times
a week.**

