



# *SOCIAL WORK NEWSLETTER*

## *SEPTEMBER 2018*

### **25th Annual Kidney Patient Meeting & Luncheon**

**Saturday September 15, 2017 10am – 3:15pm**

#### **Elks Lodge**

120 E Colorado St.  
Glendale, CA 91205

RSN (Renal Support Network) hosts Patient Educational Meetings at no charge to people with chronic kidney disease (CKD) and their family members. Enjoy a day full of inspiration and useful information, which includes lunch, extra time to meet and visit with fellow patients and their families, a raffle and exhibits.

**Registration required.** Sign up online: <http://www.rsnhope.org/meetingssupport-group/>

### **Victor Valley Community Service Council**

This community non-profit provides disabled and elderly free transportation, house cleaning, chores, and home repairs. Call 760 243-9649 to see how they can help you!

### **FREE ADA and City Bus Passes**

For people 60 years and older only. Bring ID and go to the Department of Aging and Adult Services located at 17270 Bear Valley Road Suite 108 to get your free passes!

### **Friday at 5PM Food Bank**

Every Friday at 5pm behind Victor Bowl off of Mariposa there is a food bank give away. For \$3.00 you can get a week's supply of USDA fresh food.

### **If You Know of Abuse or Suspect Abuse**

There are government agencies designed to protect vulnerable groups such as children, elderly and disabled. Dialysis patients generally are considered disabled and fall into that protected group.

**Child Abuse Hotline:** (800) 827-8724

**Elder/Disabled Adult Abuse Hotline:** (877) 565-2020

**Nursing Home or Residential Care Facility Hotline:** (866)229-0284

### **In Home Support Services**

IHSS is a program paid for by the county Department of Aging and Adult Services. It pays for a caregiver to assist you at home. The process takes about 60 days to complete.

**STEP 1:** Call to start an application (call soon because payment starts from the date you make this call). (877) 800-4544.

**STEP 2:** Select a caregiver/have your chosen caregiver complete fingerprinting and orientation with IHSS.

**STEP 3:** IHSS caseworker comes to the home to see your level of need which determines the hours of care to be paid.

### **DMV Placards or Plates**

If you are having difficulty walking from the parking lot to the store, talk to your doctor or social worker at the dialysis unit about completing the REG 195 form which is an application signed by your doctor verifying a medical condition that limits your mobility. We have the forms on hand, or you can find them at [dmv.ca.gov](http://dmv.ca.gov)



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### **Your Local Government Agencies**

#### **Social Security Administration:**

13995 Park Ave. Victorville  
(877)561-4134  
NATIONAL PHONE (800)772-1213

#### **Transitional Assistance (Medi-Cal):**

15980 Main St. Hesperia  
9566 9<sup>th</sup> Ave. Hesperia  
15010 Palmdale Rd. Victorville  
1300 E. Mountain View, Barstow  
10875 Rancho Rd., Adelanto  
SB COUNTY PHONE (877) 410-8829

#### **Department of Aging and Adult Services (IHSS, APS):**

17270 Bear Valley Rd suite 108,  
Victorville, CA 92395  
(760) 243-8400

### **Renal Support Network**

HOPEline Peer Support Phone Line  
(800) 579-1970

Log onto [www.rsnhope.org](http://www.rsnhope.org) for events, online support and coffee chats for dialysis patients. Don't suffer through this alone, reach out and connect.

### **Patient's Rights and Responsibilities**

We advise all persons to know their rights and responsibilities on dialysis. Your rights and responsibilities are posted on the bulletin boards in English and Spanish. They are given to each person upon admission to Desert Cities Dialysis. **KNOW YOUR RESPONSIBILITIES. KNOW YOUR RIGHTS.** Additional copies are available to you at any time. Please let your social worker know if you do not have yours

### **Utility Assistance Program**

Community Action Partnership of San Bernardino County offers assistance for utility bill assistance to income eligible clients to provide an annual credit ranging from \$201 to \$334, which can be applied towards gas or electric accounts. Emergency HEAP utility bill assistance is available for income eligible clients with a shut off notice. An appointment must be made via phone at (909) 723-1500.

They also offer free weatherization of your home by calling (909) 723-1500. These are income qualified programs. Call today if you are having difficulty affording your utility bills.

### **Incontinence and Wound Supplies**

If you or a loved one requires briefs, pads, gauze, or other supplies they may be covered by your insurance. Go to [www.shieldhealthcare.com](http://www.shieldhealthcare.com) or call 1-800-765-8775 to see if the supplies are covered.

### **FREE Community Directory 2-1-1**

Anyone in San Bernardino County in Need can dial 2-1-1 for an operator with access to hundreds of free resources.

### **Humor**

