



SOCIAL WORK NEWSLETTER

August 2019

Update Phone Number and Address

Please keep your dialysis center updated with new phone numbers and addresses. Also if there are any changes in your emergency contacts or their phone numbers. We have repeatedly had difficulty reaching people who have not given update information. This is important in the event of chair time/schedule changes, emergency events, transportation, and transplant requests.

Is Kidney Transplant Right For You?

While there are many factors that determine whether a transplant is medically a possibility, there is also a lot of choice in what hospital you are evaluated at or whether you are even interested in a kidney transplant. If you have questions about kidney transplant process, please talk with your social worker.

Travelling or Moving

In general it takes nearly 3 weeks to a month to arrange dialysis at another unit. If you are moving or travelling to another area, please notify your social workers so that they have enough time to arrange your dialysis there. Requests made with less than 2 weeks notice may result in dialysis not being arranged. So, please give advance notice.

Please Do Not Go Hungry

There are many food banks, food distributions, and emergency services available. If you or your family are planning to go without food or basic necessities please talk with your social worker about community resources and grants available!

Audio Books for Visually Impaired

The Braille Institute has provided Desert Cities Dialysis with audio book players and about 40 books. Feel free to ask for an audio book and player to listen to while at dialysis. If you are interested in having audio books and a player at your home you can call 1-800-808-2555 and request one.

Community Action Partnership of San Bernardino

A comprehensive program to help low income persons in need. They have a weatherization program, food donations, and utility/rental assistance. Contact their office at (909) 723-1500.

DMV Placards or Plates

If you are having difficulty walking from the parking lot to the store, talk to your doctor or social worker at the dialysis unit about completing the REG 195 form which is an application signed by your doctor verifying a medical condition that limits your mobility. We have the forms on hand, or you can find them at dmv.ca.gov. You can take the completed form to the DMV for a placard or mail it in to receive one in about 6-8weeks.

American Kidney Fund

The Safety Net program is open again for applications. This is a fund for patients who struggle to pay for automobile gas, medication copays, travel copays, and medical equipment. They offer \$100 max grant per patient, per year. Talk to your social worker to apply. They also have a grant to help pay for medical insurance premiums, see if you qualify with your social worker.





Support Groups Starting for Caregivers/Family and Patients



RECIPES
&
TRAVEL
TIPS



LIVING
WITH
DIALYSIS

**MEETING WILL BE HELD
2ND MONDAY OF EVERY
MONTH
AT 6:00 PM**

**Come Make
New Friends**

**DESERT CITIES DIALYSIS
11883 AMETHYST RD
VICTORVILLE 2ND FLOOR
760-998-2060**

**Share
Experience
Strength &
Hope**

You will be greeted by our Social Worker Staff Susan Cole, LCSW and
Vanessa Oden, MSW

1st Meeting August 12th 2nd Meeting September 9th

Resources and refreshments will be available

